



Bear Creek High School CTE Family & Consumer Education

Course Offerings
2020-2021



Consumer Foods And Nutrition I

Grades 10-11

This course is designed to present the fundamentals of food preparation and the importance of meal management, other skills taught include and use care of equipment and appliances, safety in the kitchen, food sanitation, kitchen organization, food buying, food preservation, use of consumer resources and agencies, and the relationship of nutrition and physical fitness to good health. Students may also explore careers in the food industry and be introduced to the club FCCLA to possibly practice their skill in competition.

Consumer Foods And Nutrition II

Grades 11-12

This course is an extension of Consumer Foods And Nutrition it is designed for the student who would like to attain advanced skills and cooking experience, food nutrition and preparation, meal planning, appliances, food service, and food related career exploration as well as competing in FCCLA culinary competitions. Students need to be available for projects specific to individual's school sites.

Prerequisite: Consumer Foods And Nutrition I

Fashion I

Grades 10-12

Fashion and Design is a year-long course which will introduce students to design and construction skills necessary to create garments. Units of study will include clothing selection and care, basic textiles, use and care of equipment and machine construction of basic sewing techniques and projects. Career history and designers of fashion will be explored. Students will participate in hands-on activities and projects with a minimum grade of "B" may receive 3 Articulation college credits from San Joaquin Delta College.

Advanced Fashion II

Grades 11-12

Advanced Fashion and Design is a year-long course which assists students in their clothing choice. Students will implement and improve upon the basic sewing skills to consider several different advanced projects. The study textiles and advanced sewing techniques and projects. Careers in the clothing and textile industry will be explored. Students will participate in hands-on activities which will require the purchase of sewing materials.

Prerequisite: Fashion I

Life Management I

Grades 9-10

This course will help students build confidence in managing "real life lessons". Areas of study are: friends and family relationships, foods and nutrition, child development, fashion, interior design, health, consumer education, and FHA-HERO. Integrated activities that will help students develop leadership and career skills.

Life Management II

Grades 11-12

An introduction and overview of the seven consumer and family studies content areas: child development and guidance; consumer education; family living and parenting education; fashion, textiles, and apparel; food and nutrition; housing and furnishings; individual and family health and leadership. The content areas provide foundation skills for transitioning to studies in one of the 8 Family and Consumer Sciences Related Occupations (FCSRO) career pathway programs. Skills and knowledge gained from the life management course, will enhance and increase productivity of individuals in the workplace.

Class will offer: First Aid and CPR/AED certification

Prerequisite: Life Management I

Family Living

Grades 9th only

Meets graduation requirements. This course is designed to assist students as they transition from middle school to high school, supporting academic success. Some of the important topics include: study skills, organization, family life, reproduction system, stages of pregnancy, abstinence, and character education (respect, responsibility, honesty and communication).

Human Relations/Parenting

Grades 11-12

Students will explore career opportunities in early childhood professions; analyze and discuss the growth and development of children, create a learning environment suitable for preschool-age children, evaluate and promote parenting practices that guide healthy development of children; examine challenges faced by family; and assess and discuss the parental strategies of human development.

Must have an interest in working with children

Currently not offered at BCHS

